

▶ GLENSTONE CHAPEL ◀
Community Group Bible Study Guide

Passage: Exodus 20:8-11

For use July 6 – 12, 2008

**QUESTIONS TO USE IN GROUP
OR INDIVIDUAL STUDY**

LAUNCHING ¹ [5-10 minutes]

1. What does a typical week look like for you? How much time do you spend at the office? Running errands? Shuttling kids to different activities? What about your weekends?

OR

2. Describe for the group your idea of a perfect vacation? Where would you go? What would you do? Why would you choose this? Why do we take vacation?

OBSERVATION [10 minutes]

1. Read the passage aloud. Ask someone who is often reticent to volunteer comments in group discussion to read.
2. What “jumps out” at you in these verses?
3. What phrase or phrases are repeated in the passage? Why do you think they are repeated?
4. What is revealed about the nature of God in this verse?
5. What makes the Sabbath day “special”?

INTERPRETATION [10-15 minutes]

1. How does the history of the Israelites matter to this passage? What kind of culture did the listeners’ come out of?

2. How do these verses relate to the previous week’s (Exodus 20:1-7) passages?

3. What do you think the phrase “...made it holy” means? How does this change your view of the Sabbath? What are some other things that God has made holy?

4. What is the purpose of the Sabbath? Why is this day so important to God?

APPLICATION [10 minutes]

1. Have you ever taken a Sabbath day of rest? Why or why not?

2. What things are we “slaves” to that keep us from taking a day of rest? In what ways do you need to trust in God in order to rest?

3. What steps can you take to make taking Sabbath a regular occurrence?

3. What is God demanding of us in verse 8-11? Are we willing to do what He demands?

4. Do you find yourself convicted of anything after thinking through this passage together?

¹Choose a question to move thinking into the theme of the passage; **note**, this is not an *ice-breaker*.

